

<u>Chapter Co– Leaders</u> Chrissy & Mark Hutchison Linda Wallace

Loving Treasurer Frank Daniher Loving Listener

Kit Daniher Loving Writer Alicia Mobley

Loving Outreach Caren Plotkin Loving Newsletter Assembler/Mailer Donna & John Pfieffer



# The Compassionate Friends

Southwest Florida Chapter Supporting Family After a Child, Sibling or Grandchild Dies





You may ask what we are raising funds for and that's a good question. Our number one goal is to always be here for any parent, grandparent or sibling who needs us. To provide resources and a place to meet and share our journey so No One Walks Alone

In these upcoming months we want to raise money so we may help our members attend the 40th National Conference to be held in Orlando Florida, July 28-30, 2017



Through Chrissy's tireless work & enthusiasm our Chapter had their fundraising night called Painting with a Purpose. The people at Painting with a Twist where our group has held 2 private events have been so wonderful and supportive to our group. We just can't say enough about how good it feels to get together and be creative, laugh, eat and yes drink while raising funds for our Chapter. This night \$420 dollars was raised in just a few hours by opening this evening up to our friends, family and the public. Please send Painting With A Twist an email studio129@paintingwithatwist.com or go on Facebook and like their page and perhaps leave a comment about how much you as a member of this group appreciates all

they have and continue to do for us.



Our chapter finished in 5th place in the Nation raising \$3,044 thanks to those who participated in our "Virtual Walk" in July. Thank you David's mother-Anne for being our Team Captain,

setting up our page, and the encouraging emails and facebook posts. Brian's parents Dianne & Mike McWilliams raised the most for our chapter and they were also 5th in the country. Thank you to everyone who participated, created a page and made a donation. We appreciate it more than words can say.

Next year we can all carry our loved ones names and walk together in Orlando.

# THANK YOU, THANK YOU, THANK YOU!

#### Phone a Compassionate Friend

Need someone to talk to? We are not counselors but we do understand in a way others do not. These people have volunteered to be available to you. We have listed the ages of their children and the circumstances they have experienced. You can call any of them as they are all Compassionate Friends

Mark Hutchison, 239-825-0230 son Patrick, 19 years old, died from shot gun

Linda Merced, 239 848-2601, lost 2 sons, Christian J., 26 years old brain blood hemorrhage & James C. 2 1/2 years old, heart

Caren Plotkin 239-273-6106 daughter Shelli 26 years old died from brain tumor

Frank Daniher 239-287-1559, son Mark died at 47 as the result of complications from heart surgery

Donna Goldstein 239-676-1825, son Mark died at 28 from alcoholism

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## MONTHLY MEETINGS 2nd Monday of Each Month

YMCA Naples 5450 YMCA Rd, Naples, FL 34109

7:00-8:30 pm

Sunrises of our Chapter's children are read at this meeting.

#### 4th Saturday of Each Month

Unity Church of Bonita Springs 28285 Imperial Pkwy, Bonita Springs, FL 34135 9:00-10:30 am Sunsets of our Chapter's children are read at this meeting. **We also have two** 

#### "Go Out to Eat Groups"

**Girls Night Out** is the 1st Tuesday of each month locations change check our Meetup or Facebook page @ 6:00 pm

**Guys Night** is the 2nd Thursday of the month at Ruby Tuesdays, 8777 Tamiami Trail N, Naples @ 6:15 pm

#### **UPCOMING EVENTS**

- Oct 4th-Girls Night Out
- Oct 10th-Monday Meeting
- Oct 12th-Steering Committee Mtg, 6:30 pm 5692 Strand Ct., Naples
- Oct 13th-Guys Night Out
- Oct 22nd-Saturday Meeting
- Oct 24th-Candle Lighting Invitation mailing
- Nov 1st-Girls Night Out
- Nov 10th-Guys Night Out
- Nov 14th-Monday Meeting
- Nov26th-Saturday Meeting
- Dec 5th-Candle Lighting work night– Ft. Myers
- Dec 6th-Girls Night Out
- Dec 11th-Candle Lighting
- Dec 12th-Monday Meeting
- Dec 24th-Saturday Meeting
- July 28-30 National TCF Conference, Orlando, FL
- Be sure to check our website for more information about upcoming events!

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### **OUR LOVED ONES REMEMBERED - SUNRISES**

#### JULY

- 1st- Miles Doxie son of Keith & Gail Doxie
- 1st- Andy Edds son of Vance & Jeannie Hart
- 2nd- **Mark David Broman Goldstein** son of Richard & Donna Goldstein
- 2nd- Julie Scanlan daughter of John & Faythe Scanlan
- 5th- Nicholas Andrew Kelce son of Scott & Suzy Nania Kelce
- 7th- Oliver Axer son of Margarethe Neumann
- 9th- Amanda Jane Bolten daughter of Brenda Baker
- 9th- Jason Robert Capriola son of Martha Kipybida
- 9th- Isaiah Laguerre son of Andre & Shinotte Samedy Laguerre
- 9th- Marcy daughter of Ozzie & Marcia Santos
- 9th- Shayne Murray son of Patti Threlkeld
- 12th-Gary Tepe son of Dennis & Jan Tepe
- 12th-Phillip Scott Starling son of Patrick & Lynn Connor
- 12th—**Matthew Kenneth Burks** son of Bernadette & Ken Burks
- 13th–Carrie Belyea daughter of Bill & Martha Marland
- 14th-Prentiss Yvonne Price daughter of Al & Sandy Price
- 16th–James Michael Flanagan son of Beverly Flanagan
- 17th– Tanya Lake daughter of Elizabeth Lake
- 19th– Jimmy Vanhoy brother of Kathy Coleman
- 20th– Rain Lee Schliska son of Loni Pines
- 21st- Michael Joseph Bowen son of Angela Bowen Steward
- 23rd– **Rachel Louise Brown** daughter of Michael & Susan Brown
- 24th- Melissa Vevalo daughter of Kathy Parker
- 25th- Michael (Skip) Mauri son of Grace Mauri
- 26th– Mark Stephen Cooledge son of John & Shirley Cooledge
- 26th Jason W. Rand son of Rosemarie & Glen Roberts
- 28th- Megan Thompson daughter of Robyn Baldwin
- 30th- Chad Lund son of Karen Lund
- 30th- Luis Eladio Saez son of Pete & Lynn Saez
- 31st- Arlowe Grace Alikaj daughter of Armand & Rachel Sutton-Alikaj

#### <u>AUGUST</u>

- 1st- Jeffrey Charles Basso son of Joseph & Catherine Madigan
- 4th- Nathan Gregory Musumano son of Gregory Musumano & Chevawn Musumano
- 5th- Michael McSorley son of Marcie Spencer
- 7th- Steve son of Janice
- 8th- Christopher D'Agata son of Tom & Benita Lauri
- 11th- Andrew G. Milne brother of Tracy Milne Edgemon
- 13th- Paul Harkins son of Jack & Cheryl Harkins
- 14th- Santos Cuevas Ir. brother of Lucy Cuevas Maldonado
- 15th- William Justin Lyle son of Lori Fina Jennings & Don Jennings

### AUGUST Cont'd

- 17th- Sarah Anne Kithcart daughter of Anne & Herb Kithcart
- 18th- **Philip** son of Lisa Harle
- 21st- **Deena Leanne Moore** daughter of Doreen & Bruce Fogerty
- 21st- Daniel R. Michalik son of Tony & Patti Michalik
- 21st- McKenna Kiniry Solano granddaughter of Sandra Ross
- 22nd- Christopher Wayne Mann son of Marsha Mann
- 22nd- Christopher Dale Jones son of Mary Young
- 31st- Chad Collier son of Cindy Jones

#### **SEPTEMBER**

- 6th- Charlie Lykins son of Charlie & Mary Lykins
- 6th- Mitchel Michael Hutter son of Susan Hutter
- 8th-Jason Lee Lawrence son of Randy & Sandra Lawrence
- 9th- **Casey Pease** son of Connie Pease Addison & David Addison
- 10th- Jane Frances Fodale daughter of Patricia Yasbeck Pike
- 10th- Keith Andrew Wilkie son of Bill & Lynn Wilkie
- 11th- Anthony Parrott son of Renae & Bill Martin
- 12th- Lynne Faragher daughter of Sheila Faragher
- 15th- Melissa R. Thoma daughter of Frank & Dorothy Thoma
- 17th- **David Pease** son of Connie Pease Addison & David Addison
- 17th- Daileen Alfonso daughter of Maharai DaCosta
- 17th- Matheus Flor son of Bill & Marcia Flor
- 17th- Noah Abraham Warsaw son of Ellen & Steve Warsaw
- 17th- Christian J Santos-Merced son of Linda Merced
- 20th- Tyler Kelce son of Suzy Nania Kelce & Scott Kelce
- 20th- Cole Anthony Kinney son of Dennis & Katie Kinney
- 22nd- David Xavier Michael Nonamaker, Jr son of Anne Arbelaez
- 22nd- **Stephanie Lynn Barnett** daughter of Bill & Chris Barnett
- 22nd- **Benjamin Carl Wallace** son of Ben & Linda Wallace, brother of Annie & Amanda Wallace
- 24th- Grace Lee Sperandeo daughter of Arlene Sperandeo
- 27th- David Valentine Schultz III son of Pam Schultz
- 28th- John C. Eckhold, III son of John & Peggy Eckhold
- 30th- Danielle Chapman daughter of Daniel Chapman



## **OUR LOVED ONES REMEMBERED—SUNSETS**

#### <u>JULY</u>

- 1st- Stephen Robert Rummler son of Bill & Judy Rummler
- 2nd– **Xavier James Andersen** son of James Andersen & Janet Congero, Brother of Drew Andersen Grandson of Joe & June Congero
- 3rd- Andrea Felton daughter of Bill & Vivian Belchler
- 5th- Clint Beatty son of Karen Lutgen Beatty
- 9th- Melissa Carolyn Heinly daughter of Sharon Matson
- 11th- Disney L. Pfeiffer daughter of John & Donna Pfeiffer
- 12th– Kevin Edward Branning son of Mary Ann Branning Johnson
- 12th- Mark Richard Daniher son of Frank & Kit Daniher
- 12th- Prentiss Yvonne Price daughter of Al & Cindy Price
- 16th- Rachel Ann Helton daughter of Jackie Starkloff
- 19th– Nicholas P. Abounader son of George Abounader & Joan Freyre
- 19th- Marc David Magrone son of Michael & Dianne Magrone
- 20th– Nathan Gregory Musumano son of Gregory Musumano son of Chevawn Musumano
- 20th- Cole Anthony Kinney son of Dennis & Katie Kinney
- 22nd-Victoria Marzano daughter of Victor & Eleanor Marzano
- 22nd- Richard Waltermire son of Harry & Jane Waltermire
- 23rd **Paul R. Duhamel** son of Paula Duhamel, brother of Andrew & Brian Duhamel
- 24th– Scott A. Nelson son of Wayne & Annie Nelson
- 25th- Amber Lise Zapatka sister of Marissa Zapatka
- 26th–**Christian Vincent Castaldo** son of Gennaro & Lorraine Castaldo
- 28th- Ryan Jeffrey Seaberg son of Kim Carollo
- 29th- Luis Eladio Saez son of Pete & Lynn Saez
- 30th- Rebekah Kosten daughter of Dan & Holly Kosten
- 30th- Scott Schultz son of Carl & Dana Schultz
- 31st– Arlowe Grace Alikaj daughter of Armand & Rachel Sutton-Alikaj

#### <u>AUGUST</u>

- 1st- **Jason Forbes** son of Dorothy Forbes, brother of Tommy Forbes
- 2nd– James Michael Flanagan son of Beverly Flanagan
- 3rd-Barry Alan Belyea son of Sue W. Bernier
- 4th- John Duggan son of Russ & Corinne Duggan
- 5th– **Carolyn Diann Gralewski** daughter of Richard & Phyllis Gralewski
- 6th- Shah Hashemi son of Sharon Plover
- 7th– Timothy Patrick Regan son of Jerry & Patricia Regan
- 9th- Michael Gerenstein son of Barry & Marilyn Gerenstein
- 10th-Julie Scanlan daughter of John & Faythe Scanlan
- 10th- Tara Heidi Simenauer Pond daughter of Jackie Simenauer
- 12th- Griffin Daniel Shaw son of Susan & Dennis Shaw
- 15th- Michele Dawn Kafka daughter of Harriet & Bruce Cole
- 17th- Chad Collier son of Cindy Jones
- 17th- Dewayne Peter Williams son of Eunice Williams
- 18th- Linda Petrillo daughter of Connie & John Petrillo
- 19th- Robert Schultz son of Joanne Holt
- 20th- Samantha Nicole Kepsel daughter of John & Cheryl Kepsel

#### <u>AUGUST Cont'd</u>

- 20th-**Ryan MacNeil Ulrich** son of Anne Ulrich Donahue & Jack Donahue
- 21st- McKenna Kiniry Solano granddaughter of Sandra Ross
- 23rd- Barbara Ellen Conti daughter of Mary Ellen Conti
- 26th- Danny Costa son of Nile Castro Costa
- 27th- Charlie Lykins son of Mary & Charlie Lykins
- 28th- William Justin Lyle son of Lori Fina Jennings & Don Jennings
- 28th- Melissa R. Thoma daughter of Frank & Dorothy Thoma
- 30th- Lisa Pallerino daughter of Stephanie & Donald Pallerino

#### SEPTEMBER

- 1st- **David Arturo Mercado** son of Michele Sanguinetti DelGrippo
- 2nd- Michael "Skip" Mauri son of Grace Mauri
- 3rd- **DawnMarie Gerenstein** daughter of Marilyn & Barry Gerenstein
- 9th- **Tressa Danielle Gaines** daughter of John Douglas & Barb Gaines
- 10th- **Casey Pease** son of Connie Pease Addison & David Addison
- 10th- Kamyn Jodeci son of Teresa Bright
- 11th- Ashlee Miller granddaughter of Mark & Joyce Buch
- 12th- Megan Thompson daughter of Robyn Baldwin
- 13th- Paul Harkins son of Cheryl & Jack Harkins
- 16th- David Seth Cohen son of George & Trina Cohen
- 16th- Martin Angel Creed son of Kris Creed
- 20th- Gregg Gian Gensler son of Patti & Bob Gensler
- 21st- Eddie son of Marie Nelson
- 22nd- Lee Roberts son of Leah Stirrat
- 22nd- Keith Sexton son of Tim & Ginny Sexton
- 22nd- **Matthew Kenneth Burks** son of Bernadette & Ken Burks
- 23rd- Jason Robert Capriola son of Martha Kipybida
- 25th- **Stephanie Lynn Barnett** daughter of Bill & Chris Barnett
- 28th- Kristie Nicole Donlon daughter of Jean Wilson
- 29th- Michael G. Joyce II son of Maureen & Mike Joyce
- 30th- Justin Stephen Baker son of Nancy Mendell
- 30th- Christopher Dale Jones son of Mary Young



If we have made any errors in your child, sibling, grandchild's information we sincerely apologize or if you would prefer not to have your loved one's name

listed here please contact us at our email swflcf@live.com or visit our Website www.tcfswfl.org under "Resource" fill out updated member form so we can honor all of our loved ones.

## Siblings

Dr. Heidi Horsley responded to a question from a sibling in the Autum / Winter 2014 issue of You Need Not Walk Alone Magazine as follows:

Unfortunately, many people really don't understand a sibling loss, many times we are told to remain strong for our parents because they're going through a worse loss This only serves to minimize and invalidate our grief, leaving us feeling further misunderstood. While this has been very hard for your parents, it has also been very hard for you. The death of a sister or brother is horrible, it turns our world upside down and puts everything we ever believed into question. This was definitely the case for me after my brother died My heart goes out to you, as you grieve the loss of not only your sister (brother) but of a lost future together. Everyone grieves the death of a sibling differently, depending on the kind of relationship they had with their brother or sister and what roles they played in their life. If you are feeling pressure from others to grieve less intensely than your parents, you may want to seek support from The Compassionate Friends and find a sibling chapter in your area, or go onto facebook and join The Compassionate Friends, Sounds of the Siblings facebook page. You may also want to watch the TCF sibling loss webinars. Remember you are not alone, there are a lot of bereaved siblings out there who will understand what you are going through, and will support you. You hurt so much because you loved so much,

#### North Fort Myers Group is Meeting

June 18th was the first meeting of The Compassionate Friends of Fort Myers (formerly TCF Gulf Coast)

They meet the 3rd Monday of every month starting at 7pm at the Messiah Lutheran Church, 2691 NE Pine Island Rd, Cape Coral, 33909 in the Family Center Bldg. which is in the back of the church. Charlie's dad-Larry Boggio is leading this newly formed chapter. Larry's phone number is 978-761-5386

The Chapter's email is tcffortmyrsfl@gmail.com The Chapter is now listed on the Chapter locator on the TCF website.

We look forward to sharing our children's lives.

We need your help updating our mailing/email list of churches, places of worship so we can make them aware of our Candle Lighting and other events. Please send us the information at the Chapter email swflcf@live.com

# Grandparents

Sean's Grandmother wrote in the Spring/Summer 2015 issue of We Need Not Walk Alone Magazine:

As a family we learned together that grief doesn't have a time limit. As a grandparent it is a gift in that we know our children - we can read their face and hear it in their voice, we know every facial expression and what their eyes are saying. Our grieving children cannot hide their pain from us. Support mode makes it alright for us to not hide our pain from them either.

The first step toward moving from "fix it mode" to "support mode" is to find a friend or family member who understands your loss and will support you in your grief. We cannot help others until we have found support for ourselves We need someone who will just listen. The next most important thing to do is to take care of ourselves Exercise, eating well and taking care of our health gives us the added strength and energy we will need to help our famliy in grief.

So what is my advice to other grandparents trying to fix things? Rip the band aid off nd realize this is a forever journey for us, our children and our grandchildren.

You Need Not Walk Alone

# PARENTS CORNER

We want to have this spot to address things that are on your minds. A place to perhaps share something you have found helpful on your journey. Thank you Mark's parents-Donna & Richard Goldstein for sharing this with us:

I lost my son Mark in February of 2015 and my cousin lost her father (my uncle) six days later. We call each other and we share our losses and grief. Last time we spoke we both shared our deep wishes that I could have just five more minutes with my son and that she could have just five more minutes with her dad.

When our conversation ended, I started thinking about the concept of five more minutes. I know it is not an original thought. I have heard many people over the years, who grieve, express the same wish. Instead of just wishing for five more minutes with Mark I decided to create an exercise where I would have five more minutes with him.

I sat with my husband and asked him if he had five more precious minutes with Mark what would he say? I listened, with tears rolling down my eyes at the wonderful conversation Rich was having with his son. Then it was my turn. Amazingly, I had a totally different five minute conversation with Mark than Rich had.

After we each took our five minutes I was drained but I did feel some release.

I asked my husband to take the exercise one step further. I asked him if he had five more minutes to talk to me after I am gone, what he would want me to know. I, in turn, did the same for him. More tears. But important tears. I told Rich that now he never has to worry about a nagging five more minutes of unspoken words because we just said them.

Now the challenge is for Rich and me to honor the words we said to each other by living our lives surrounded by our family and friends and never missing an opportunity to love and share so we never have to mourn the loss of five more minutes.



Sunday, December 11th at St. Johns the Evangelist Catholic Church , 625 111th Avenue N, Naples FL 34108

Watch for the details in the mail, email and on our closed Facebook page and our Meetup group. You can also visit the National site www.thecompassionatefriends.org and find other locations as this is a worldwide event. Please note there is an RSVP deadline in order for us to have your candle and ornament personalized and a photo of you child, grandchild or sibling included in the slide show. All our welcome and encouraged to come.

In preparation for our very personalized candle lighting, we have already had one fun filled work evening of getting the candles and ornaments ready for personalizing. If you can come to the next 2 work/bonding events to help that would be wonderful.

October 24th, 6:00 pm at the Clubhouse of Colony Lakes Community, Fort Myers 33908 we will be assembling the invitations for mailing. Once we have finished we will enjoy pizza and brownies together.

December 5th, will also be at the Clubhouse of Colony Lakes Community, Fort Myers 33908 where will be putting the names on the candles and ornament. We haven't decided the time for this yet but will keep you posted.

This is a beautiful evening of love, memories and fellowship.



The Compassionate Friends is pleased to announce that Orlando, Florida, will be the site of the 40th TCF National Conference on July 28-30, 2017. "Rays of Sunshine, Oceans of Hope" is the theme of next year's event, which promises more of this year's great National Conference experience. The 2017 Conference will be held at the Hilton Orlando Bonnet Creek. We'll keep you updated with details on the national website as well as on our TCF/USA Facebook Page and elsewhere as they become available. Plan to come and be a part of this heartwarming experience.

# Foundations & Donations

Each quarter we will give the detailed information the first time we are made aware of a foundation or cause in honor of your child, grandchild or sibling and then add to our running list.

If you have a foundation you have established in honor of your child, sibling or grandchild please share your foundations information with us at swflcf@live.com

Others we know of are: www.stevermmlerhopefoundation.org www.safehealthychildren.org www.genedoyle.org www.lightningfoundation.org

The Jonathan Yurewitch Memorial Fund is set up at the Fifth Third Bank under that name

The House of Hope CDC remarkable Music Room infor@thehouseofhopecdc.org

On FACEBOOK search for Ethan and Lily Foundation, Butterflies of Hope, The Mighty Mikey Foundation

DONATIONS: I need to get a list of all who participated in the Virtual Walk, The Painting With A Purpose and any other donations that were made in this 3rd quarter from our faithful treasurer. Unfortunately I didn't do that in time for this publication and I do apologize for that. They will be recognized in the 4th Quarter Newsletter that I "plan" to have out by the end of October. Thank you to all those that give so that we can help so that No One Walks Alone.



The Compassionate Friends Southwest FL Chapter P.O. Box 112524 Naples, FL 34108

Chapter Phone: 239-690-7801 Chapter E-mail: swflcf@live.com Join us on MeetUp www.meetup.compassionatefriends/

WWW.TCFSWFL.ORG

PLEASE VISIT OUR WEBSITE

#### **Our Mission**

The mission of The Compassionate Friends: When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated. The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.

Note from the Editor: This is YOUR newsletter! We want to make this more personal by sharing our stories, our pain, and our successes. If you have things to share or suggestions please send us an email. *Hugs-Benjamin & Michael's mom-Linda* 

# STEERING COMMITTEE - COME BE A PART Wednesday, October 12th

6:30 pm @ Sovran Management Company, 5692 Strand Ct, Naples, FL 34110

We have a wonderful group of committed people, parents and a grandparent that are currently on our Steering Committee but we would love to have more. Your input in what is happening is so appreciated and wanted. All chapter members are welcome. Without a Steering Committee the Co-Leaders couldn't do this alone. Our chapter is very active providing social events in addition to our two regular meetings every month. As a chapter we are chairing the Hospitality Room at the 2017 National Conference next summer and are hoping to help offset costs for our members to attend the conference.

So much work has been done this past two years; we have members who are willing to do facilitating at our monthly meetings, we have updated our member database, made Greeting Packets, sent out our quarterly Newsletter, created a Website, purchased a Button Maker, held monthly Girls and Guys Night Outs, and many more things to help our grieving families. We now need additional people to help maintain and add to what has been done.

Our Chapter Co-Leader's, Patrick's parents-Chrissy & Mark's term is ending this December and Benjamin & Michael's mom-Linda has 1 more year to serve. We will need new people to take over in this area. With all that has been done and the support of the Steering Committee it is not a huge job.

**ON THE ROAD...** Our Loving Outreach person, Shelli's mom-Caren Plotkin has facilitated two meetings at Terracina Grand, an Assisted Living facility in Naples FL with Mark's parents-Frank & Kit Daniher. The response has been great and she is continuing to work with The Moorings where a number of our group joined her earlier in 2016 for a meeting there. They are hoping to have another meeting there early in 2017.

NATIONAL OFFICE The Compassionate Friends PO Box 3696 Oak Brook, IL 60522-3696 (877) 969-0010 www.compassionatefriends.org nationaloffice@compassionatefriends.org

**REGIONAL COORDINATORS** Cindy Baum Miami, FL baum23@bellsouth.net Shelly Ellis Miami, FL yosmitesam46@aol.com SIBLING REPRESENTATIVE Tracy Milne Edgemon-Andrew's Sister National Board of Directors, Sibling Representative 239-676-9140 tracyrmilne@yahoo.com

SIBLINGS: There are resources for you. TCF is committed to reaching out to Siblings so you do NOT feel like the forgotten grievers. The upcoming National Conference in Orlando is promising to have very special things for siblings. Start planning now to attend. Reach out to other siblings on the closed Facebook page "Sounds of Siblings" or other resources on the internet. We love you!!!